



ANNUAL REVIEW 23/24



“

YG have shown me that I can be who I want to be if I put my mind to it and that I do have the strength and ability to do things.

”

**LEAH**

Leah worked with YG for over four years. Struggling with her mental health, self-confidence and self-worth, Leah didn't see the point in life. YG provided Leah with the support to navigate her emotions and discover her aspirations for a brighter future.



SUPPORTING YOUNG PEOPLE SINCE 1941

Giving young people the confidence,
motivation and skills to succeed.

HOW WE WORK

A youth work approach is at the heart of everything we do. By building relationships with young people and their families, and understanding their needs, we can begin to empower them to change their futures.

WHAT WE DO

We help young people and families to figure out what they want, what might be holding them back and how they can move forward with;

MENTAL HEALTH & WELLBEING
SKILLS
COMMUNITIES
FAMILY SUPPORT



2023/24

4,704 Young people have been supported by YG.

3,694 Young people have been supported with one-to-one services.

1,010 Young people have been supported with group work.

15,831 Sessions were delivered by YG.

13,493 Hours of support were delivered by YG.

5,190 Hours were spent supporting young people outside of sessions.

161 Young people who have been involved in the care system were supported.



“

I have really enjoyed the sessions each week, it has been something to look forward to and has given me a break from how bad life is at the moment.

ELLIOT



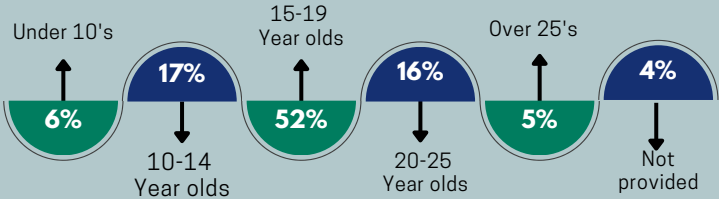
Elliot, who has autism and dyslexia, struggled to cope at school. Having been diagnosed with depression and PTSD, Elliot came to YG with his mum looking for a way to re-engage.

WHO WE HAVE SUPPORTED

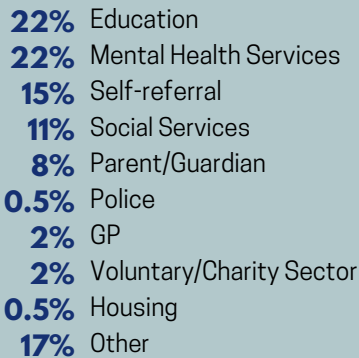
GENDER



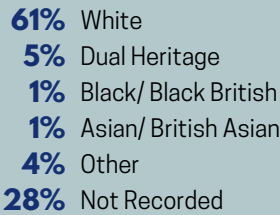
AGE



SOURCE OF REFERRALS

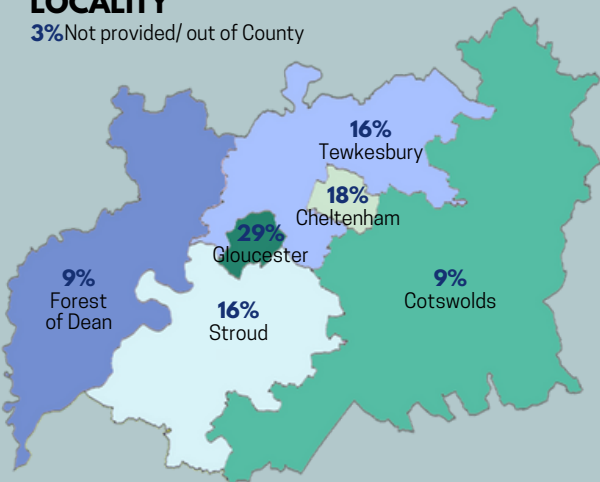


ETHNICITY



LOCALITY

3% Not provided/ out of County



“

Losing someone is so hard
but working with YG has given
me a sense of redemption.

”

**FREYA**

Freya lost someone close to her to knife crime, which left her depressed and struggling to leave her home.

Eventually, she dropped out of school and missed her GCSEs. With the support of mentoring and community projects Freya has returned to education and started work.

“

I gained the confidence to tackle challenges I wouldn't have dared before.

”



ROSA

Rosa's childhood challenges left her deeply unhappy. She dropped out of school and left her job. Seeking a sense of purpose, Rosa came to YG and worked with a youth worker and counsellor.

WORKING IN PARTNERSHIP WITH THE NHS

YOUNG ADULT SUPPORT

We work in partnership with the NHS to be able to offer the right level of support for young people where poor mental health is having a significant impact on their life. The service has been designed together with young people for young people.

WORK IN HOSPITALS

The YG staff can now be found in Gloucester Royal Hospital's Paediatric Ward, engaging with 11-18-year-olds through art, games, and conversation to provide support. We offer a listening service to those facing mental health challenges, providing practical guidance and fostering aspirations. Additionally, we extend support to discharged patients in the community, focusing on youth work to prevent mental health-related re-admissions through practical interventions.



**Gloucestershire
Health and Care**
NHS Foundation Trust

“

Counselling has allowed me to find a way to start tackling problems.

”



JAKE

Jake and his family have a history of mental health challenges, including autism, OCD, and depression. After struggling with stress and social anxiety at university, Jake came to YG seeking to take steps towards living independently.

MENTAL HEALTH AND WELLBEING

YG offers practical, therapeutic and emotional support that helps young people to lead a happy and healthy life.

FIRST STEPS TO SUPPORT

Providing one-to-one practical and emotional support for young people who are beginning to experience mental health challenges.

433 Young people supported.

MENTAL HEALTH SUPPORT

Combining youth work and counselling for young people experiencing moderate mental health concerns.

586 Young people supported.



Gloucestershire
Health and Care
NHS Foundation Trust

SKILLS

YG helps young people to build their confidence, improve how they communicate, work in a team, gain qualifications and plan for their future.

UNDER 16'S

YG work with education providers to support young people who have dis-engaged from mainstream education.

439 Young people supported through one-to-one sessions

OVER 16'S

Preparing young people for the world of work with training, qualifications and new skills.

47 Young people supported with one-to-one work.

73 Completed the Team programme for employability.



Prince's Trust

Young Gloucestershire are proud to have been delivering the Prince's Trust Team Programme since 1990. YG was the first charity to deliver this prestigious programme, and has now delivered over 230 Teams of young people.

“

Sometimes you just have to take a chance and it will get better.

”



TYLER

After finishing his A-levels, Tyler became withdrawn and lacked purpose and direction. With a complicated home life, he came to YG to rediscover himself on the Team programme.



COMMUNITIES

YG works in partnership to offer innovative and exciting experiences that motivate young people and create real change for communities.

MENTORING



Providing one-to-one support for young people most at risk in our community.

182 Young people supported.

FAMILY SUPPORT

YG offer services that focus on the young person whilst also supporting the family around them to create a strong family unit that can cope with life's challenges.

375 Families supported.



“

The people at YG
generally want to support
you, take care of you and
help you as a person.

”

**BART**

Having moved countries and schools, Bart struggled to make friends. After being diagnosed with ADHD and autism, Bart came to YG seeking to meet new people and gain a better understanding of himself.



OUR WORK WITH CORPORATE PARTNERS

This year, our corporate partners have truly outdone themselves! They've trekked, jumped, sung, and sailed their way into our hearts and the hearts of the young people they've backed. We're so grateful for their creative fundraising efforts, which have made a real difference in our community. And we've had a blast pitching in with training, mentoring, and helping with recruitment too!

OVER £40,000 Raised by corporate partners

Skydive
Dragon Boat
BBQ's & Bake Sales
Brecon Three Peaks
Carol Concerts
Prison Sleepover

JOIN OUR NEXT EVENT

SCAN ME





FINANCES 23/24

£3,146,840
INCOME

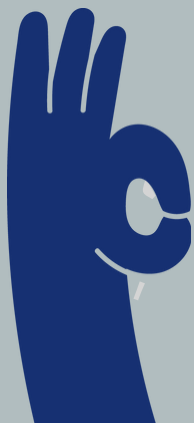
19% From grants.

13% From events, investments
and donations.

68% From charitable
activities.

£2,872,268
EXPENDITURE

89%
SPENT ON DELIVERING
CHARITABLE ACTIVITIES



OUR SUPPORTERS

Four Acre Trust
J Brenda Hoskins Trust
Pets Foundation
Masonic Charitable Foundation
St James' Place Charitable Foundation
The Notgrove Trust
OPCC
BBC Children In Need
ILP Tewkesbury
ILP Cotswolds
Ernest Cook
GCC Levelling Up
Tewkesbury Borough Council
Waite and Hayward

Capital Group
Endsleigh Insurance
Enterprise
HR Champions
Kohler
Kubus
Spirax Sarco
Willans LLP Solicitors
WSP Solicitors
Nationwide Building Society





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Inspiring young people



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GET SUPPORT