



# ANNUAL REVIEW 22/23



“

It felt so great to have someone to talk to and something to look forward to.

”

**KATE**

Kate left school with few qualifications, she struggled to find a job, her confidence and self esteem were at rock bottom. After her doctor explained that it was likely Kate was neurodiverse she felt even more alone and confused.



## **SUPPORTING YOUNG PEOPLE SINCE 1941**

Giving young people the confidence,  
motivation and skills to succeed.

We help young people to figure out what they want, what might be holding them back and how they can move forward with;

### **MENTAL HEALTH & WELLBEING**

YG offers practical, therapeutic and emotional support that helps young people to lead a happy and healthy life.

### **SKILLS**

YG helps young people to build their confidence, improve how they communicate, work in a team, gain qualifications and plan for their future.

### **COMMUNITIES**

YG works in partnership to offer innovative and exciting experiences that motivate young people and create real change for communities.



2022/23



**4,971**

Young people have been supported by YG.

**1,255**

Young people have been supported with one-to-one initiatives.

**3,662**

Young people have been supported with group work.

**13,242**

Sessions were delivered by YG.

**12,606**

Hours of support were delivered by YG.

**1,713**

Hours were spent supporting young people outside of sessions.

**113**

Young people who have been involved in the care system were supported.





“

I was a teacher in my country and working with YG has helped me see what I can do once I solve my situation.

”

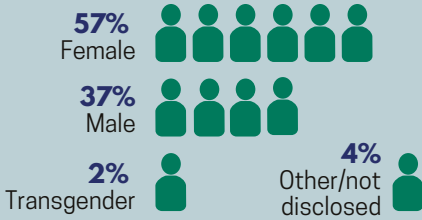


**ISSIS**

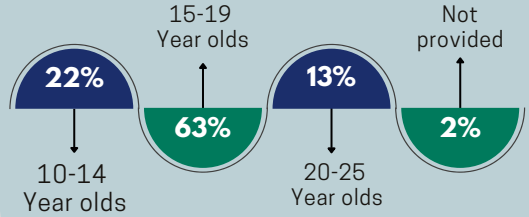
Issis arrived in the UK from her home in Honduras as an asylum seeker and came to YG looking for hope after fleeing gangs and violence in her home country.

# WHO WE HAVE SUPPORTED

## GENDER



## AGE



## SOURCE OF REFERRALS

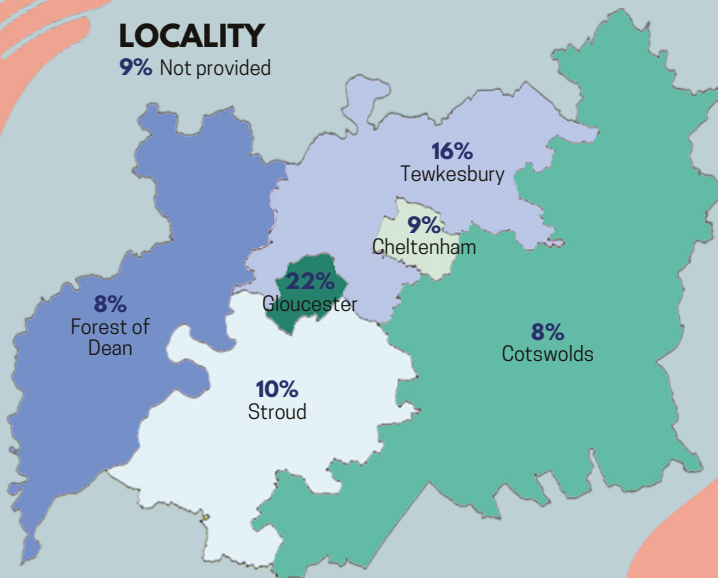
- 34% Education
- 17% Mental Health Services
- 11% Social Services
- 9% Self-referral
- 5% Parent/Guardian
- 2% GP
- 2% Housing
- 1% Police
- 19% Other

## ETHNICITY

- 71% White
- 5% Dual Heritage
- 1% Black/ Black British
- 1% Asian/ British Asian
- 1% Other
- 21% Not Recorded

## LOCALITY

9% Not provided



“

Working with Daisy was great... I think our time together has helped us both improve our confidence.

”

**MELISSA**

In her third year at University, Melissa wanted to gain more experience of working with young people.

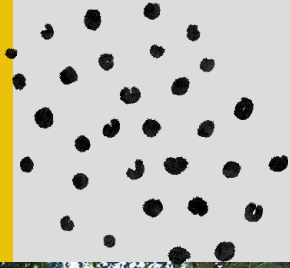
We are looking for inspiring mentors to help guide young people as they navigate the challenges in their lives, explore their community and plan for the future.

Email your CV to **[volunteering@youngglos.org.uk](mailto:volunteering@youngglos.org.uk)**

“

I gained back the confidence I had lost. It pulled me out of the rut I was in and made me believe I could do more.

”



**PIPPA**

Pippa had struggled with low moods and the pandemic increased her anxiety and feelings of isolation. On top of this she was made redundant and left feeling hopeless and wanting to give up.

# SAFEGUARDING

**731** hours spent  
safeguarding

YG works with some of the most vulnerable young people in the county. This means going beyond the projects we run, working in partnership to advocate for young people. Challenges we have seen include:



**Substance misuse** **ANTI SOCIAL**  
**RELATIONSHIPS** **BEHAVIOUR**  
**FAMILY ISSUES** **THREATS TO END LIFE**  
Domestic abuse **Child Sexual** **Sexual**  
EATING DISORDERS **Exploitation** **assault**  
**MENTAL** **HOMELESSNESS**  
**HEALTH** **PHYSICAL** **Self-harm**  
**MULTI** **VIOLENCE**  
**AGENCY MEETINGS** **Missing**







“

I am more than just a diagnosis and YG understands that.

”

**KIRA**

Kira had a complex childhood and spent a lot of her life in child services and long periods in a children's home. Kira has been in and out of hospital since the age of 14 because of self-harm and suicide attempts.

# MENTAL HEALTH AND WELLBEING

## FIRST STEPS TO SUPPORT

Providing one-to-one practical and emotional support for young people who are beginning to experience mental health challenges.

**345** Young people supported.

**2,763** Sessions delivered.

**1,980** Hours of work delivered.

**23** Young people supported with Animal Assisted Therapy.

## MENTAL HEALTH SUPPORT

Combining youth work and counselling for young people experiencing moderate mental health concerns.

**410** Young people supported.

**4,761** Sessions delivered.

**4,185** Hours of work delivered.

## SUPPORT FOR YOUNG PEOPLE LEAVING IN-PATIENT MENTAL HEALTH SERVICES

**23** Young people supported after leaving an acute mental health hospital.



Gloucestershire  
Health and Care  
NHS Foundation Trust



# SKILLS

## UNDER 16'S

YG work with education providers to support young people who have dis-engaged from mainstream education.

**366** Young people supported.  
**2,737** Sessions delivered.

## OVER 16'S

Preparing young people for the world of work with training, qualifications and new skills.

**63** Young people supported with one-to-one work.  
**53** Completed the Prince's Trust Programme.



**Prince's Trust**

Young Gloucestershire are proud to have been delivering the Prince's Trust Team Programme since 1990. YG was the first charity to deliver this prestigious programme, having now delivered over 230 Teams of young people.

“

Working with YG has given me a new energy and a new outlook on life.

”



**HARRY**

Harry was involved in a long and complicated family court case to keep him safe from his dad. When it finally ended he didn't know what to do with himself. His life became dull and pointless.



# COMMUNITIES

## MENTORING

Providing one-to-one support for young people most at risk in our community.

**182** Young people supported.  
**1,293** Sessions delivered.

## YOUTH VOICE

Putting young people's voice at the forefront of making changes in our community.

**324** Young people engaged.

## COMMUNITY PROGRAMMES

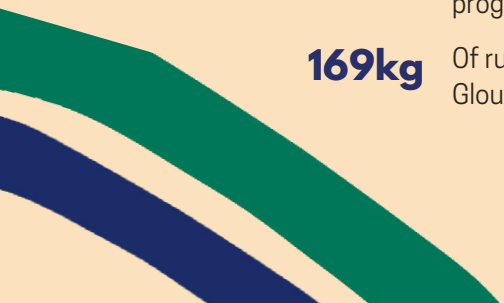
Working in the heart of communities to offer positive activities.

**2,669** Young people supported with the Holiday Activity Food Programme.

**136** Young women and girls completed PowerUp across 14 schools.

**128** Young people engaged in environmental programmes.

**169kg** Of rubbish was collected from the Sea Bin in Gloucester Docks.



“

I am a single mum who struggles with anxiety...I can't put into words how much you have done for my family.

”







# FUNDRAISING AND EVENTS



YG are beyond grateful to all the individuals who have taken on weird and wacky adventures to raise money for the charity. Whether that's wing walking, climbing a mountain or holding a bake sale. Your support is invaluable.

**OVER £40,000** Raised by volunteer fundraisers.

Welsh Three Peaks  
Dragon Boat  
Wing Walk  
Golf Day  
Petra Trek  
Ride London  
Virtual London Marathon

**JOIN OUR NEXT EVENT**

SCAN ME





**FINANCES**  
**22/23**

**£2,316,692**  
**INCOME**

**19%** From grants.

**9%** From events, investments  
and donations.

**72%** From charitable  
activities.

**£2,286,634**  
**EXPENDITURE**

**89%**

**SPENT ON DELIVERING  
CHARITABLE ACTIVITIES**





## OUR SUPPORTERS

CCG NHS

Capital Group

Cheltenham Borough Council

Children In Need

CHK Foundation

CLA Charitable Trust

Dulverton Trust

Ernest Cook Trust

Four Acre Trust

Gloucester City Council

Gloucestershire County Council

ILP Cotswolds

ILP Tewkesbury

Julia & Hans Rausing Trust

National Grid Community Fund

Nationwide Foundation

Notgrove Trust

Office of Police Crime Commission

Sovereign Housing Association

Spirax Sarco Charitable Fund

St James's Place Foundation

Youth Endowment Fund



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Inspiring young people



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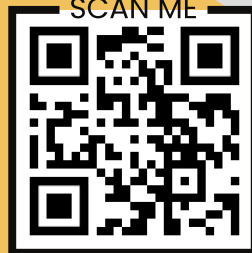


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Company Charity No. 281797

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SCAN ME



**DONATE**