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**ANNUAL
REVIEW**

21/22

**INSPIRING
YOUNG PEOPLE**



Lockdown plunged Andrew's life into crisis. Trapped in an unhealthy relationship he could not see a happy future, but now he is investing in his career and fighting for his son.

ANDREW

“

The biggest thing that has changed for me is my self-confidence. I know that I am a good person and I am worthy of a good relationship. I understand that my future counts.

”

y9

**SUPPORTING
YOUNG PEOPLE
SINCE 1941.**



Giving young people the confidence, motivation and skills to succeed.

SKILLS

Helping young people to build their confidence, be more organised, improve how they communicate with different people, work in a team and plan for their future.

WELLBEING

Offering practical and emotional support that will help young people to lead a happy and healthy life.

COMMUNITY

Giving young people a voice in their community and helping communities to support young people.



3,397

young people have been supported by YG.

12,264

counselling, mental health and youth work sessions were delivered to young people.

20,010

hours of support have been given to young people.



Harry has been in and out of hospital with his mental health but now he is looking forward to volunteering and taking steps towards returning to work.



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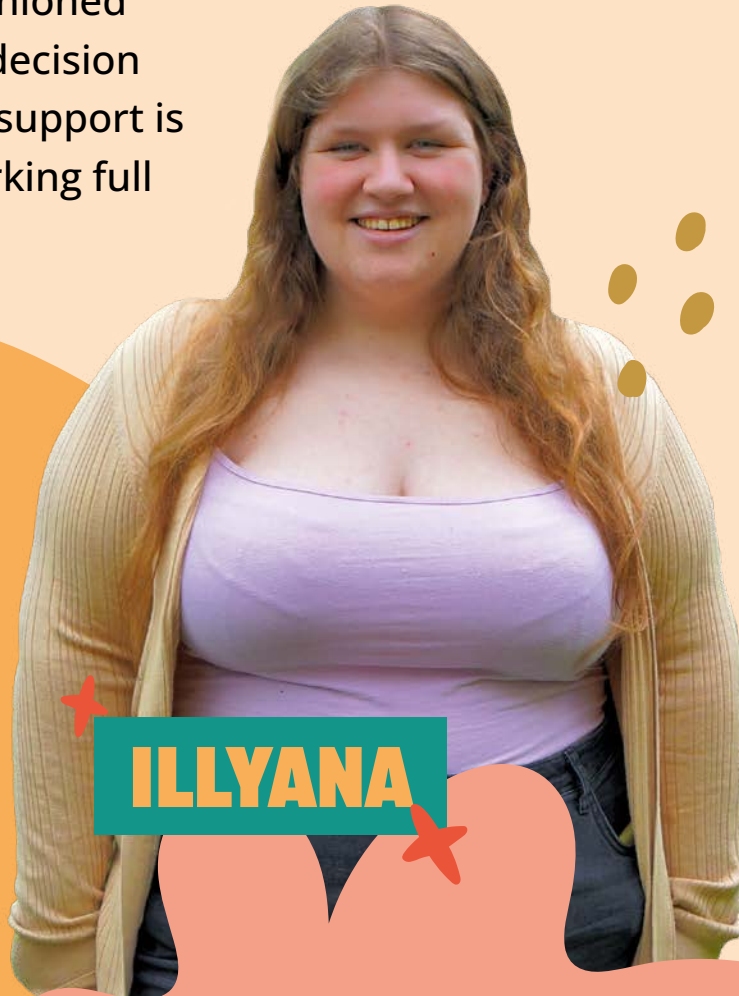
YG is the first place I have really felt I can trust people. The staff really care and the routine has given me motivation and a purpose to get out of bed in the morning.

”



HARRY

Illyana had a difficult upbringing, raised by grandparents with old fashioned values. She made the brave decision to break away and with YG's support is living independently and working full time in a job she loves.



ILLYANA

I used to wake up every day and it was like I only saw the world in grey and now it is bright and beautiful. I always had these thoughts and ideas of what I wanted out of life but it was only with YG by my side, that I have been able to make things happen and change my life.

SKILLS



67 young people completed the Prince's Trust Team Programme.

449 'Going The Extra Mile' sessions were delivered to on the GEM programme for those who are furthest from the job market.

sessions were delivered to **365** young people with Transition Chat - supporting young people to take their next steps in education or training.

mentoring sessions were delivered to **411** young people through the Exchange and Full Circle programmes that work with young people who are at risk. This may include exploitation, exclusion, living in supported housing or at risk of committing crimes involving violence.

WELLBEING

295 young people were supported with a combination of counselling and youth work.

Sessions were delivered as part of our combined youth work and counselling programmes.

4,340

333 young people engaged in our chat services.

Virtual and face-to-face sessions were delivered offering emotional and practical support.

2,961

16 young people were supported after leaving an acute mental health hospital.

Young people received support as part of our animal therapy programme.

24

From the age of 12 Olivia believed she would kill herself before her 18th birthday. Happily she is still here, studying at college, taking things day-by-day and enjoying discovering her future.

“

I saw a counsellor and a youth worker in combination... it meant I could talk about both the deep-rooted issues I needed to face as well as decisions in the here and now that I was easily overwhelmed by. I can safely say I had never felt more supported than I had during that time.

”



OLIVIA

COMMUNITY



Kate was diagnosed with a brain tumour that would change her life and leave her with terrible anxiety. Now she is working in a job she enjoys and starting counselling with YG.

KATE

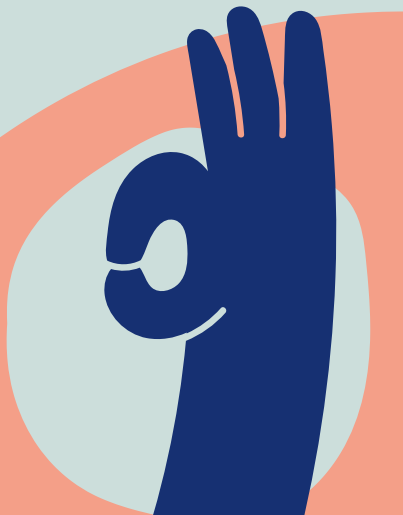
“Eight years is a long time to have been hiding away. The people closest to me have seen a real change and I am looking forward to continuing to explore my future and all it has to offer.”

116 young people have engaged in our environmental and nature programmes.

57 young people have taken part in **573** Community Connections outreach sessions.

19 young people have been actively involved in the running of YG through our Youth Board.

2,000 young people were supported with food parcels, holiday camps and family tokens as part of the Holiday Activity Fund.



WORKING IN PARTNERSHIP



Young Gloucestershire continues to develop partnerships that will enhance and improve the services we offer to young people.

Since 2017 YG has been working in partnership with local charity, **Infobuzz**. The charities remain independent whilst sharing core costs and maintaining excellent standards of service delivery. Infobuzz offers therapeutic and practical support for families and young people with complex needs. www.infobuzz.co.uk

In 2021 we were pleased to announce a new partnership with **Gloucestershire Health and Care NHS Foundation Trust**. The new **Young Adult Mental Health Service** ensures specialist clinicians are able to provide assessment and mental health focused support to young people.

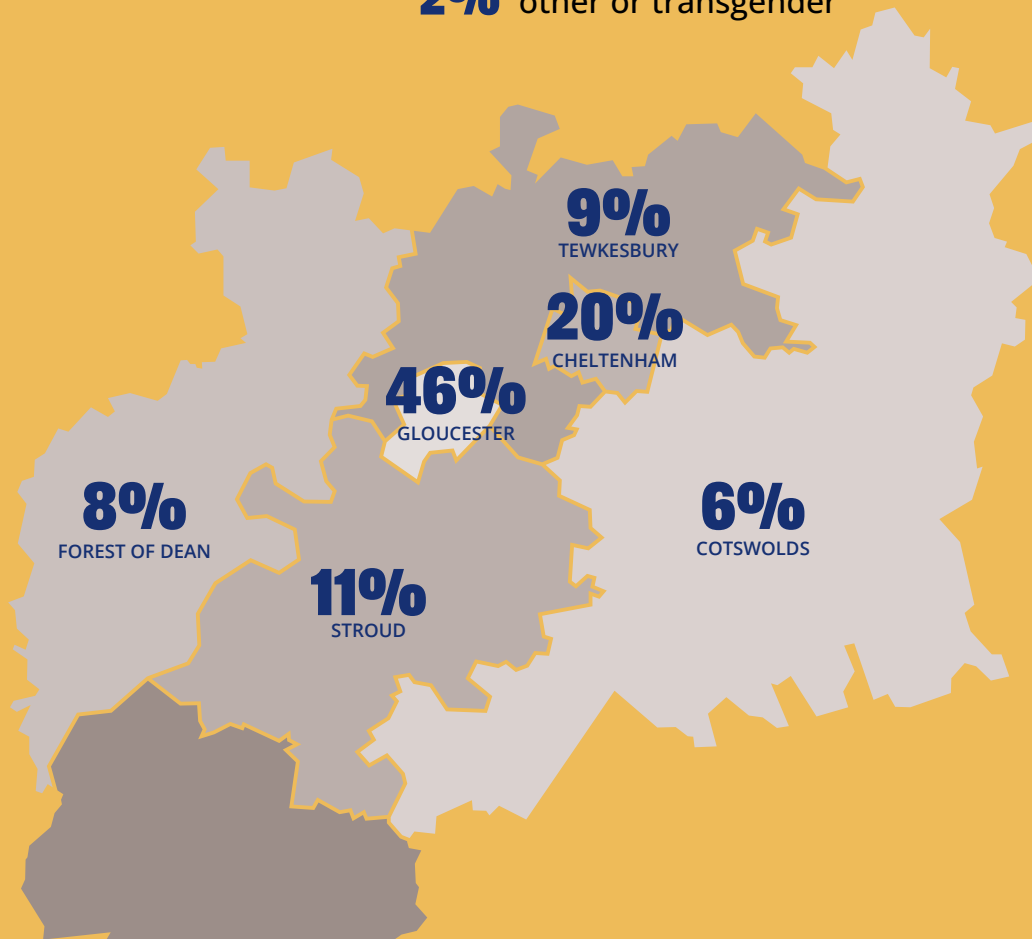
We have a range of other partnerships, both locally and nationally that enable us to broaden our offer to young people. Please see our website for a full list of partners.



WHO & WHERE

In 2021/22 we worked with...

52% female
46% male
2% other or transgender



WELCOME TO THE OLD DOCK OFFICE

In 2021 we moved our head office to a new site at Gloucestershire Docks.



FINANCES

£2,680,496 income

14% from grants

17% from events, investments,
legacies and donations

69% from charitable
activities.

£2,141,320 expenditure

91%

spent on delivering charitable activities.

VOLUNTEER WITH YG

We are looking for inspiring mentors to help guide young people as they navigate challenges in their lives, explore their community and plan for their future.

Email your CV to volunteering@youngglos.org.uk



RAISE MONEY FOR YG

YG are beyond grateful to all the individuals who have taken on weird and wacky adventures to raise money for the charity. Whether that's running a marathon or hosting a bake sale. Your support is invaluable.

To get involved visit [youngglos/challenge](#)



In 2021/22

£7,500 raised by volunteers completing the Virgin London Marathon.

£5,500 raised by volunteers holding events in their community.

OUR FUNDERS

Architectural Heritage Fund

Awards for All

Brenda Hoskins Trust

Capital Group

CCG NHS

Children in Need

CHK Charities

Clothworkers Foundation

Cotswold District Council

David Wilson Homes

DPD Eco Fund

Drapers Charitable Foundation

Dulverton Trust

Ecclesiastical

Enterprise Cars

Ernest Cook

Four Acres Trust

Gloucester City Council

Gloucester Round Table

Gloucestershire County Council

Green Farm Pony Show

It's Great Out There Coalition

Nathan Tomkins Trust

Naunton Down Golf Club, Ladies Captains

Notgrove Trust

Peter Cruddas Foundation

Sandhurst WI

Sir Jules Thorn Charitable Trust

Sovereign Housing

Spirax Sarco

Spoted

Think Project


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