yg

young gloucestershire



Annual Review 2013/14

"James has surprised everyone. We have a lot of youngsters come and go in this industry; James has been different. We are all very impressed." James Bull (Sous Chef, The Tavern) James was kicked out of three schools for his poor behaviour and failed to sit any of his GCSE's. Read how he turned his life around with the help of Young Gloucestershire.

"In six months my life has gone from nothing to everything. At 14 I was asked to leave my first school. I was always doing stupid things, terrorising everyone. I got kicked out of two more schools before I could take my GCSE's. I didn't care.

"I lived with my mum, dad and my seven brothers and sisters. I was always craving attention. I spent lots of time just dossing around and getting in trouble with the police. I was sat at home, getting bored out of my head when I decided to call YG and they got me onto a course straight away.

"YG was different to everything else I had done.

It had a chilled atmosphere and I felt relaxed which made it easier to learn. The staff were so supportive, even when I thought my past with the police had caught up with me, they stood by me.

"My personality completely changed whilst I was at YG. My behaviour improved, I feel more mature and more settled than ever. It was during my time at YG that I was offered the chance of an apprenticeship in catering. I know I wouldn't have been able to stick at the job without my experience at YG. It taught me all about being part of a team. Without that you could never survive in a kitchen.

"I am proud of how my life has changed. If I hadn't got in touch with YG I don't know where I would be now – I would have a massive criminal record that's for sure! I realise now how important it is to take your chance while you can, otherwise nothing is ever gonna change."

WELCOME TO YG

Young Gloucestershire (YG) is a countywide charity that supports disadvantaged young people (aged 11-25) who are facing challenges in their lives.

We support young people who are facing some very difficult times; whether it be a disruptive home life, caring for a family member or coping with a mental health issue. Young people turn to us for help and we offer them practical ways to find confidence and develop the skills they need to get on track and to move into a job, education or training. We achieve this by creating opportunities that educate, inform and inspire.

Our work is more important now than ever; Government cut backs have meant that provision for young people has greatly suffered. More young people are 'falling through the net' unable to access support. YG works with young people who feel lost and unsure about their future, before they get into real difficulty.

WE PROVIDE

TRAINING AND DEVELOPMENT:

We offer a range of programmes designed to help young people gain confidence and increase their skills and knowledge so that they can take the next step in their lives.

PRACTICAL SUPPORT:

We work together with young people to deal with the challenges they face in everyday life. From advice on employment and housing to budgeting and relationships; we support young people to make informed choices.

COMMUNITY INVOLVEMENT:

We support young people to engage in the local area and work with communities to provide opportunities for young people.

How to get involved For more information on anything you read in here: E: hello@youngglos.org.uk T· 01452 501008

DID YOU KNOW?

Long-term unemployment can scar young people and stunt their life chances"

Grow Gloucestershire: Youth Unemployment Strategy 2012.

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The number of 16-24 year olds who are NEET and claiming ISA in Gloucestershire would fill Gloucester Cathedral 3 times over (2519, 16-24 year olds are NEET in Gloucestershire, figures provided by ONS and Prospects).

Giles is 19 years old and started the Team Programme with YG after dropping out of university. Read how he found the confidence to return to education. "When I decided to postpone my university studies last November I was in a bad way. I felt like I was letting everyone down. I was really disappointed in myself.

"After sixth form I had gone straight onto university. I wanted to work in computer security but when I got there I found it overwhelming living on my own for the first time. My problems with dyslexia became more apparent and developed into anxiety and depression. I felt like I didn't know myself anymore.

"After I returned home I had no idea what I would do. I was completely lacking in motivation and felt confused. I walked into The Link, YG's drop in, not really knowing what to expect. After starting the Prince's Trust Team Programme, run by YG, I realised it was exactly what I needed. The programme helped me to feel normal again. It challenged me, but it also built my confidence back up. It showed me I can do things I never thought I could.

"I know it won't be easy but **my experience at YG has brought me back to life**. I feel better prepared and able to cope with all the challenges ahead. Come September, I will be back in the lecture theatre and until then, I will be working for an independent computer security firm; earning money and gaining more experience in the workplace."

TRAINING & DEVELOPMENT

We offer a range of programmes designed to help young people gain confidence and increase their skills and knowledge, so that they can take the next step in their lives. We have increased the number of programmes on offer and helped more young people through this work than ever before.

In the last year YG delivered; Realising Ambition (a weekly 'skills for adolescence' programme) to 53 young people from 2 schools, a successful summer programme with 37 young people, and 14 short courses to 131 young people.

Our short courses are delivered over two weeks and are designed to offer a stepping stone for

young people who are feeling nervous or unsure about committing to a longer programme. Courses use sport and practical activities to encourage team work, build confidence and help young people enter into a more productive routine.

We are proud that many of the young people who complete a short course with YG often go on to start one of our longer training programmes such as The Princes Trust Team. The Team Programme is delivered over 12 weeks and young people gain a qualification in Employment, Teamwork and Community Skills. Last year YG delivered 11 Teams to 112 young people.

Structure of The Prince's Trust Team Programme at YG



Week 1 Meeting new people



Week 2 Residential



Week 3-6 Community project



Week 7-8 Work placements



280

young people completed one of YG's training courses in 2013/2014



formal training courses were delivered to young people

93%

of young people that start a training course with YG finish it successfully

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Week 9 Plan for the future with CV's and applications



Week 10-11 Supporting social groups



Week 12 Celebrating Success

How to get involved Offer a work placement or community project

From building an allotment to renovating areas of the farm, the young people have been amazing". Karen Bicknell, Manger St James City Farm

Jazz was 17 when she found out she was pregnant, find out how YG helped her plan for the future. "Finding myself pregnant at 17 wasn't something I had planned for, but not many people plan for anything when they are 17. I had no idea how to react; tears, sickness, denial. I don't think I fully accepted there was a baby inside me until close to 9 months later.

"My background had been a little unusual. I was off school a lot with family counselling, therapy and sickness. I was working in a café when I found out I was pregnant. Those 9 months were the scariest time of my life.

"It was my boyfriend Adam that told me about the ViParent's group at YG. I openly admit I thought I was better than everyone else, I didn't see myself going to a young parent's group but I was wrong. Everyone was really welcoming; **the ViParents group has changed my life**, they have helped me with parenting skills and training. I have met other young parents and given Max a safe space to interact. Coming to the group has brought focus and consistency into my life.

"Being a young mum unexpectedly is scary, challenging, expensive and emotional but has also been the most rewarding experience. The ViP's group has helped me map out a path for the future. I have been accepted on to an Access to Healthcare course at Gloucestershire College and for the first time I am excited about the future, mine and my family's."

PRACTICAL SUPPORT

We work together with young people to deal with the challenges they face in everyday life.

Young people often face complex issues that hinder their ability to focus on their own development. How can you concentrate on finding a job when you are worried you might get kicked out of home? Or how can you focus on a training course when you think you might be pregnant?

YG understands that we need to support young people in all aspects of their lives. Over the last year we have established and grown projects that focus on providing young people with individualised support. We call it practical support because it's not always about changing the big things, it's about the everyday challenges that are stopping young people fulfilling their potential; from advice on employment and housing to budgeting and relationships. We support young people to make informed choices.

Last year The Link, a drop in service for 16-25 year olds, who are not in employment, education or

training, received 2719 visits from young people. The service works with young people to assess their needs and set achievable targets and goals.

The Link plays host to ViParents; a unique group for 14-25 year old mums, dads, expecting parents and their children under five. The group meets twice a week and is designed to build support networks, improve parenting and raise aspirations. YG has been very successful in engaging this hard to reach group and has worked with 86 parents and their children over the last year. The group has successfully participated in baby first aid training and completed 'The Young Parenthood Programme' with YG's national partner, UK Youth.

2014 has also seen the launch of a new mentoring project. The project aims to match professionals with young people seeking to start out in a related career. The volunteer mentors will be given full training and will work with young people as a role model and guide, as they take their first steps into the world of work.



Young parenthood is associated with poorer child health outcomes and increased chances of both teenage parents and their children living in poverty"

(Teenage Pregnancy Strategy: Beyond 2010, DCSF & Department of Health).

17%

of NEET 16-19 year olds in the county are young parents



parents & children engaged with the ViParent's group last year





How to get involved Become a volunteer mentor

When the mentee turns around and thanks you, it feels amazing to have helped them make a change." Jules – volunteer mentor with YG

Andy had been the Senior Neighbourhood Housing Officer in St. Pauls for 3 years. But the thought of opening a new youth club in the area made him both excited and apprehensive. Read how YG were able to offer support to the local community. "It was clear to us that youth work is very specialised and, as housing staff, we did not feel we had all of the necessary skills needed to work with this group. We were unsure of all of the legislation, training requirements and risk assessments that we would need and the best process to follow to start it up. We wanted to make sure that we were geared up to deal with any situation that may arise.

"We enlisted the help of YG who began to work with us every week. YG helped us plan and deliver sessions safely, based on the values of good youth work. We have accessed training to develop our skills and have acted upon YG's advice to keep improving the way we evaluate and develop sessions.

"It has made a massive difference, working alongside a professional youth worker has given us **confidence.** Sharing expertise has helped us better understand young people's behaviour and how to deal with it.

"YG has helped us to safely recruit volunteers and given us guidance on how to support them. They have also helped us to set up an evaluation process that will enable us to report on the success of the club, which we hope will help us to access more funding to sustain the club in the future.

"Our goal is to slowly withdraw from YG's support and continue to deliver the service ourselves. We hope to equip these young people with the tools to make the right decisions in life and to show them that they have the power to influence the world around them."

COMMUNITY INVOLVEMENT

YG supports young people to engage in the local area and works with communities to provide opportunities for young people.

The last year has seen YG develop new community programmes such as working in Hester's Way, St Pauls and the South of Stroud. There has also been a reduction in other areas as we stop delivering programmes in Stow, Northway and Podsmead. We have been consolidating work in local communities to ensure that the services we offer are sustainable and of good quality.

Following significant cuts to statutory funded youth provision, a greater expectation is being placed on communities and volunteers to 'do it for themselves'. Many volunteers have the greatest of intentions but little experience or knowledge about working with young people. YG has responded to this by offering a Partnership Scheme that provides advice, guidance and training to voluntary groups across the county. The partnership currently has 69 members who are able to access our networking events, safeguarding helpline and resources to help get their youth clubs up and running.

In 2013/2014 Young Gloucestershire focused on developing our training offer for partners and introduced a formal qualification in Youth Work.

Last year we delivered 22 courses to 236 individuals from 58 different organisations. We saw 22 learners complete a Level 2 in Youth Work Practice; an eight month course with a nationally recognised qualification.

YG also started to work more closely with groups who were keen to set up their own provision, but felt they needed that little bit more guidance. We have been providing an increased level of support to The Hester's Way Neighbourhood Project and Cheltenham Borough Homes, assisting them with setting up, running and monitoring a youth provision.



DID YOU KNOW?

Since Government cuts in 2010 only **5** County Council funded youth clubs remain from an original **32** provisions

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236

individuals from **58** different organisations took part in YG training in 3013/14

22

learners qualified in Level 2 Youth Work Practice



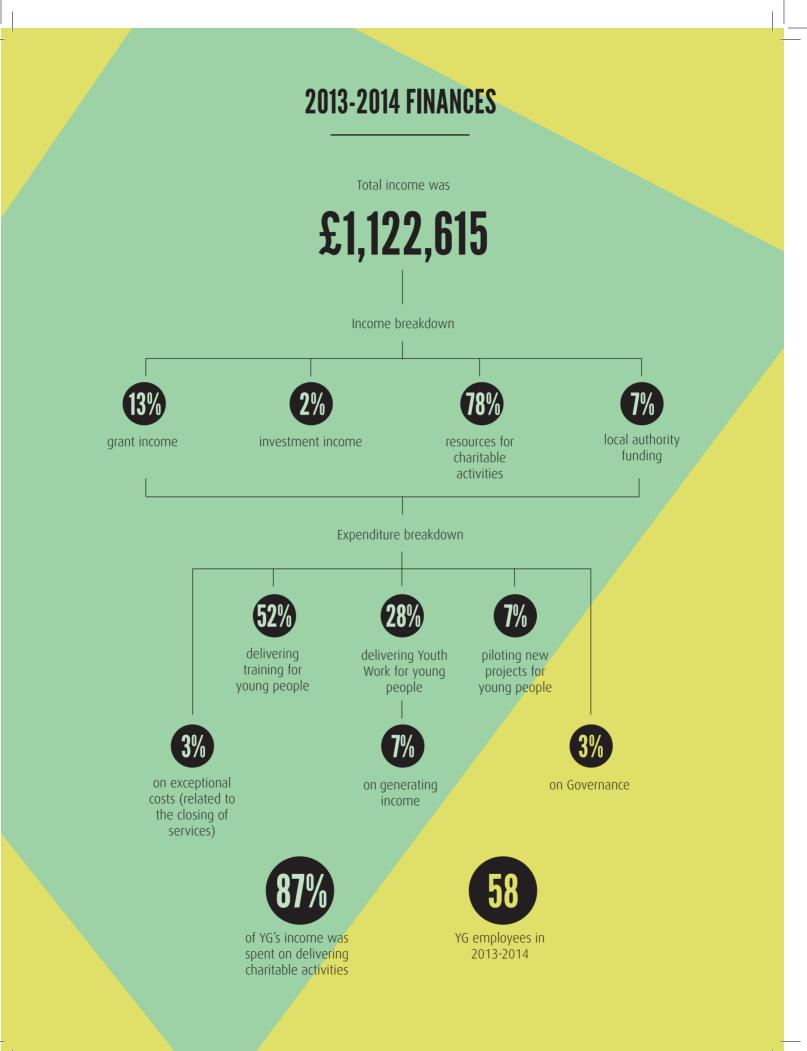
voluntary run groups became members of the YG Partnership Scheme

How to get involved Sponsor a Youth Club

It's great to be able to help such a worthy cause by funding a youth club in our local area. These teenagers and young adults just want the same opportunities as everyone else, yet not all of them have been so lucky with the hand they've been dealt." **Jason Robinson, Centre Manager, The Eastgate Shopping Centre**

" I feel good about myself. I am confident and ready to work."

#inspiringyoungpeople



FUTURE FINANCES

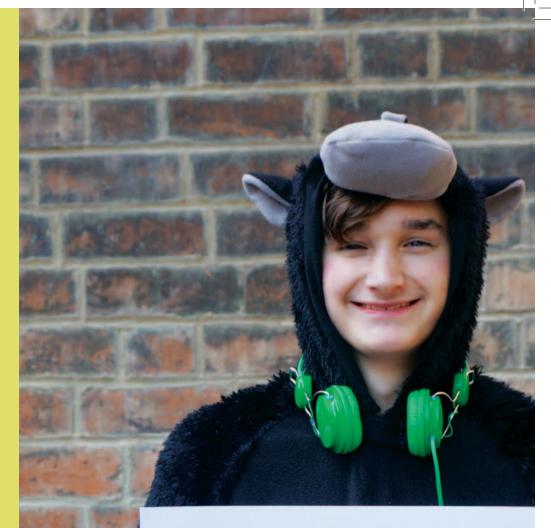
YG has made a loss for the year 2013/2014. This is a reflection of the challenging financial environment in the voluntary sector.

Subsequently the Trustees made the decision to use some of the charity's reserves in order to maintain vital services for young people. We are fortunate that in more prosperous vears we have been able to build up our reserves in readiness for a difficult year such as 2013/2014. The financial situation for 2014/2015 is already looking much improved following a restructure which reduced costs and allocated more resources to fundraising. We have secured new contracts, new grants and donations and the Development Board continues to grow." Hugh Gladman, YG Chair

How to get involved

Join the Development Board

"In my role as Mayor I have been impressed with the fantastic programmes YG offers to young people. I joined the Development Board to help the charity increase their profile and encourage others to reach their potential." Chris Chatterton Mayor of Gloucester (2013/2014)



(* I can't wait
to start
College, I feel
excited about
my future. ")

#inspiringyoungpeople



A WORD FROM OUR CHAIR

The 2013/14 financial year has been a challenging one for YG, due to continual pressure to adapt and change as funding arrangements are reduced or re-structured. Unfortunately, due to a change in the commissioning of alternative education, our Independent School (Youth Achievement Foundation) was closed in March 2014.

However the year has also included great success and opportunities for new projects. It has been our vision for some time to provide one to one mentoring support to young people completing training programmes so that they have the right guidance and support to get back into work or training. We are delighted to have secured funding from both an individual donor and a foundation to establish this work.

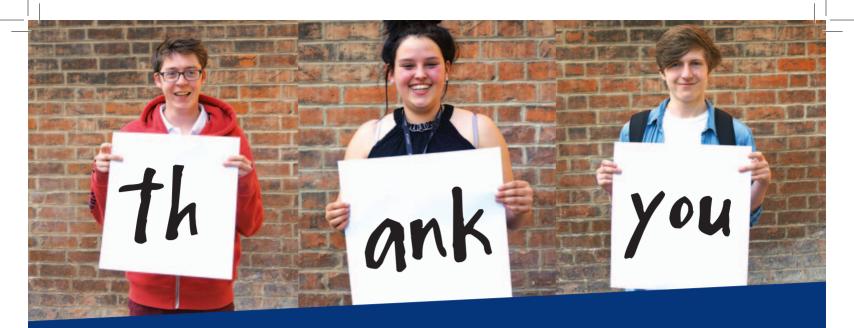
The Link, our drop in service, has continued to grow with increasing numbers of young parents and young people achieving positive outcomes through their engagement. We have been working hard to identify sustainable income sources for this vital piece of work and hope to be able to achieve this in 2014/15. YG has established a new Development Board to help extend our networks and access new opportunities. One of the key roles of the Development Board is to make introductions to companies, trusts and individuals who may wish to support YG's work.

Thanks to all our staff and partners for their continued support and hard work throughout the year. We are constantly looking for new partners and will continue to focus this year on improving our links with more businesses. If you are interested in supporting the work that YG does, please do visit our website www.youngglos.org.uk and get in touch.

Hugh Gladman, YG Chair

YG Trustees

Hugh Gladman (Chair)	Group Legal Director & Company Secretary
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Jonathon Harvie	Finance Director
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	(approved April 2013)
lan Topping	CEO HMV
Nicholas Upton	Chartered Surveyor Nicholas J Upton & Partners
Michael Counsell OBE	Retired Head of Youth Service (resigned November 2013)



THANK YOU TO ALL OUR FUNDERS

Ambition

- Anne Cadbury OBE JP DL Bridgwater College **CHK** Charities **Cotswold District Council** George Cadbury Foundation **Gloucester Academy** Gloucester City Council
- **Gloucestershire College** Gloucestershire County Council Joanies Foundation Leeds Building Society Microsoft Newby Trust Notgrove Trust National Skills Academy for **Financial Services**

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