



yg

young gloucestershire

**INSPIRING
YOUNG PEOPLE**

Annual Review
Financial Year 2014/15

Paul had been unemployed for two years after being made redundant. Read how YG helped him get his confidence back and helped him succeed.

“Being unemployed for so long was a pretty miserable time. I lost a lot of confidence and thought people wouldn’t want to hire me because I didn’t have the bits of paper that showed I could do the job.

“I met YG by chance, they told me about all the different training programmes they offered and I was happy to get involved. It was great fun and I really liked the course. I enjoyed the residential, doing all the really cool activities. We did spend some time in the classroom which was the hardest bit for me, but it showed me I can concentrate and get the work done when I need to.

“YG showed me that I am good at helping people and that I have lots of skills employers would want. Since finishing the course, I have been working full-time as a Shift Engineer for a large blue chip company. I’m really enjoying the job and have also gone back to college to help me progress my career. The job means I am able to pay for the college course myself and I am also saving up for a place of my own.

“My experience at YG has shown me that I am capable of hard work and am a valuable member in a team. It feels good to be back on my feet and taking care of myself again.”

#yginspire



WELCOME TO YG

Young Gloucestershire (YG) is a countywide charity that supports disadvantaged young people (aged 11-25) who are facing challenges in their lives.

We support young people who are facing some very difficult times; whether it be a disruptive home life, caring for a family member or coping with a mental health issue. Young people turn to us for help and we offer them practical ways

to find confidence, motivation and skills to improve their lives. We achieve this by creating opportunities that educate, inform and inspire.

WE PROVIDE

TRAINING AND DEVELOPMENT:

We offer a range of programmes designed to help young people gain confidence and increase their skills and knowledge so that they can take the next step in their lives.

PRACTICAL SUPPORT:

We work together with young people to deal with the challenges they face in everyday life. From advice on employment and housing to budgeting and relationships; we support young people to make informed choices.

COMMUNITY INVOLVEMENT:

We support young people to engage in the local area and work with communities to provide opportunities for young people.

YG IN NUMBERS

2429

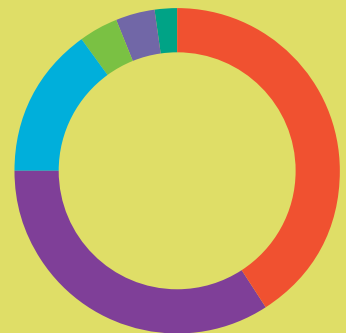
young people have worked with YG

58%

male

42%

female



- Stroud
- Gloucester
- Cheltenham
- Tewkesbury
- Cotswolds
- Forest

Contact us

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Beth joined the HITZ Programme looking for inspiration. Read about the healthy choices she has made since working with YG.

"I left school at 15 and I had no idea what I wanted to do. I admit I was lazy – staying in bed till 3pm and then staying up until 2am on my Xbox. I was pretty quiet, a bit of a loner and frustrated that I had nothing to do.

"I heard about the HITZ Programme at my local youth club, which is also run by YG. When my youth worker suggested I give HITZ a go, I trusted her. They came out and did a few sessions at the youth club. I think if I had just been given a flyer when I was at school or something, I would never have gone along – but the fact they came to me really made a difference.

"HITZ was amazing – I hated school because the teachers never understood me, but this was different. The programme leaders really cared about me and pushed me to achieve. I like to think of myself as quite a sporty person – but if I'm honest I really lacked the motivation to commit to anything.

"HITZ showed me I can push myself and I am capable. We set our own goals and targets and I smashed mine! I absolutely loved the course; I'm so proud of myself and feel like I really achieved something.

"The changes in me might not be obvious on the outside, but to me they are massive. I feel confident and am far more outgoing. I've made new friends and I feel both physically and mentally stronger. I have made important changes to my lifestyle – I get up in the morning, I go for runs and use my local outdoor gym.

"I've always thought about joining the army, but I was too scared about the physical tests, but now I know I'm capable and can really push myself. I have a plan and I'm ready to work hard to achieve my dreams."

#yginpire

TRAINING & DEVELOPMENT

We offer a range of programmes designed to help young people gain confidence and increase their skills and knowledge, so that they can take the next step in their lives.

Following significant changes to post 16 education, last year saw YG focus on delivering high quality programmes with excellent results for young people. YG has also been working hard to secure new opportunities for young people by looking at new partnerships in the community.

In the financial year 2014/15 YG delivered 11 short courses to 115 young people. These courses are delivered over two weeks and use sport and practical activities to encourage teamwork, build confidence and help young people enter into a more productive routine. Courses are designed to offer a stepping stone for young people who are feeling nervous or unsure about committing to a longer programme, like YG's 12 week Prince's Trust 'Team' Programme.

In 2014/15, YG delivered 11 'Teams' to 87 young people. Young people gain a qualification in Employment, Teamwork and Community Skills. 'Team' remains our longest standing development programme at YG and we are excited to celebrate

25 years of the Prince's Trust and 175 'Teams' delivered by YG since 1990.

YG is particularly proud of our new partnership with Gloucester Rugby Club. The community partnership has brought together the energy and talent of professional coaches with the motivation and development skills of our youth workers to produce the exciting HITZ Rugby Programme.

The programme has offered over 61 informal community sessions through our youth clubs to over 200 young people. The collaboration has also created an innovative 12 week course for those looking for a more significant opportunity. Last year the course was delivered twice to 20 young people.

The course offers the chance to work with professional sports players and coaches whilst experiencing over 15 different sports. Participants visit the gym twice a week, complete work experience and take a trip to watch a major sporting event. This is all on top of gaining a Level 1 in Employability and Entry Level 3 in Sports and Leisure.

YG IN NUMBERS

232

qualifications gained by young people

24

formal training courses delivered to young people

25

years of delivering The Prince's Trust Team Programme

175

'Teams' delivered since 1990



How to get involved Offer a work placement or community project

"Matt is a hard worker, I have been impressed with how he applied himself and showed leadership." **Maggie Jones, Hereford & Gloucestershire Canal Trust**



"When I was 17 I thought I knew what was best for me. I got kicked out of sixth form for skiving off with my boyfriend. I lost my part-time job and my mum kicked me out of home. I spent time crashing at friends' houses and started drinking.

"I started attending my local youth club, which was run by YG. It was here that I was introduced to the Prince's Trust Team Programme that YG ran. The course was brilliant. Within three months of completing, I had a full-time job. But a career in retail is not my dream.

"That's when I got involved with YG's mentoring programme. I had always thought about being a teacher but I wasn't 100% sure so I just never tried.

"I met Regina, my mentor, for a coffee – she was lovely. She was a teacher herself so she was able to tell me all about her experiences and gave me really great advice. She helped me pick college courses, write applications and she even used her connections to help me find work placements.

"Now I'm back at college. I have a regular placement in a school, I'm still holding down my retail job and I'm back living with my mum. I know what I want now. I have a plan for my future.

"YG has been a helping hand at all different stages in my life; helping me to get my life on track and make important decisions. Having a mentor has given me that extra push and specialist knowledge to help me work towards a career that I will love."

From attending a youth club to completing a training programme and working with a mentor. Read how Sam's journey with YG has taken her from homeless teenager to trainee teacher.

PRACTICAL SUPPORT

We work together with young people to deal with the challenges they face in everyday life.

Young people often face complex issues that hinder their ability to focus on their own development. How can you concentrate on finding a job when you are worried you might get kicked out of home? Or how can you focus on a training course when you think you might be pregnant?

Young Gloucestershire understands that we need to support young people in all aspects of their lives and in 2013 we opened our drop-in centre called The Link that focuses on providing young people with individualised support. We call it practical support because it's not always about changing the big things, it's about the everyday challenges that are stopping young people fulfilling their potential; from advice on employment and housing to budgeting and relationships, we support young people to make informed choices.

In August 2014, YG was incredibly pleased and proud to receive a grant of £300,000 from the Big Lottery Fund to keep The Link open for three years.

Since receiving the funding, The Link has gone from strength to strength; increasing its opening hours, improving facilities and forming new partnerships.

In the eight months since YG received the grant funding, The Link (which supports 16-25 year olds, who are not in employment, education or training) received 2288 visits from 863 young people.

The Link also hosts ViParents; a unique group for 14-25 year old mums, dads, expecting parents and their children under five. The group is designed to build support networks, improve parenting and raise aspirations. Last year the group worked with 19 young parents and their children.

2014 also saw the launch of YG's professional mentoring project. The project has matched 47 professionals with young people seeking to start out in a related career. The project has received amazing feedback from both young people for providing one-to-one access to specialist advice and mentors for giving a real understanding of young people's needs.



How to get involved Become a mentor

It has felt great to share my knowledge with someone who is keen to learn.
Regina - mentor with YG

YG IN NUMBERS

2288

visits made to The Link

60%

of visitors felt more confident after attending The Link

74%

of ViParents have gone on to work/training/education/volunteering

326

hours spent mentoring young people

83%

of mentees have shown a positive outcome



LOTTERY FUNDED



Ocean had struggled with self-confidence and found it hard to make friends. Read how working with YG has brought her out of her shell.

"It has been a great opportunity for me to work with YG. It has been good to have part of my timetable covering skills that will help me in everyday life. The youth workers feel more like friends, it's great to feel like someone is really listening to you. I love that we can be open and honest in the session and no-one will judge you.

"I used to be bullied a lot. I often skived off school and was home schooled for a while. I worried about what everyone thought of me, I felt anxious and even self-harmed. We talked about bullying as part of our sessions and although I was nervous, it really helped hearing people share their feelings and to be able to share mine without being judged. Since working with YG, I have learnt to feel good about who I am.

"We covered topics on depression and anxiety and different coping strategies. It really has helped me to move forward. I have really come out of my shell. I still struggle from time to time but now I know how to talk to people and ask for help. **Since starting with YG I haven't had a day off school in ages, I speak up more in class and I am confident to share my opinions.**"

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COMMUNITY INVOLVEMENT

YG supports young people to engage in the local area and works with communities to provide opportunities for young people.

In 2014/15 we have continued to deliver 16 sessions of youth work each week on behalf of communities across the county.

YG continues to offer a partnership scheme that provides advice, guidance and training to voluntary groups running their own youth provisions.

The partnership currently has 65 members who are able to access our safeguarding helpline, resources and training calendar.

Last year we delivered 17 training courses to 178 individuals from 39 different organisations. We saw six learners complete a Level 2 in Youth Work Practice, an eight month course with a nationally recognised qualification from ABC.

YG also increased their work in local schools offering two specific projects;

Road Code

A road hazard awareness programme which combines workshops with experience 'behind the wheel' of a driving simulator. The programme, delivered in partnership with UK Youth and UPS, has been extremely poignant for many participants. The programme has been delivered

to 184 young people over 8 sessions. Young people have given great feedback with 90% of participants saying they would wear a seatbelt on every journey they make after doing the course.

Realising Ambition's Skills for Adolescence

An American born programme brought over to the UK by our national partners – Ambition. The programme, for 11-15 year olds, is delivered in schools and helps young people to make informed decisions, become active members of the community, resist peer pressure and develop positive personal relationships. Last year YG delivered the year-long course six times in three

schools working with 61 young people. Young people have shown a phenomenal response to the course with 90% of participants feeling they understood more about self-respect and taking responsibility for their actions. 70% of participants felt more confident about managing their emotions.

How to get involved Invite YG to work in your school

The discussion-based sessions encourage students to reflect on their emotions and reactions. I have been impressed with the sessions." Clare de Glanville, Assistant Headteacher, Tewkesbury School

YG IN NUMBERS

16

sessions of youth work delivered across the county each week

3287

outcomes achieved for individuals and groups:



- 1 Planning and problem solving
- 2 Confidence and ownership of personal choices
- 3 Communication
- 4 Relationships and leadership
- 5 Creativity
- 6 Resilience and determination
- 7 Managing feelings
- 8 Healthy lifestyles



“My time at YG has shown me what I’m really capable of. Now I’m ready for my next challenge and feel like nothing can stop me.”

[#yginspire](#)

2014-2015 FINANCES

Total income was

£1,040,186

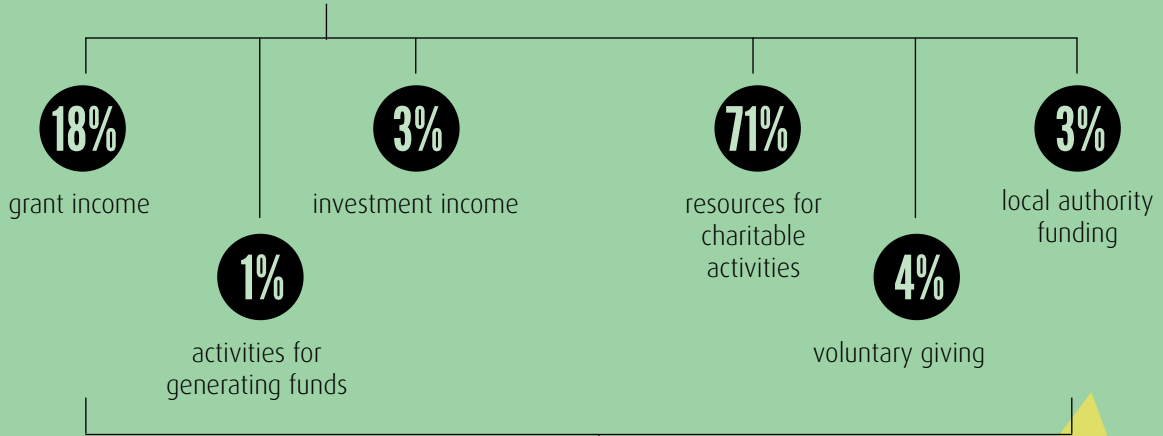
Total expenditure was

£1,016,478

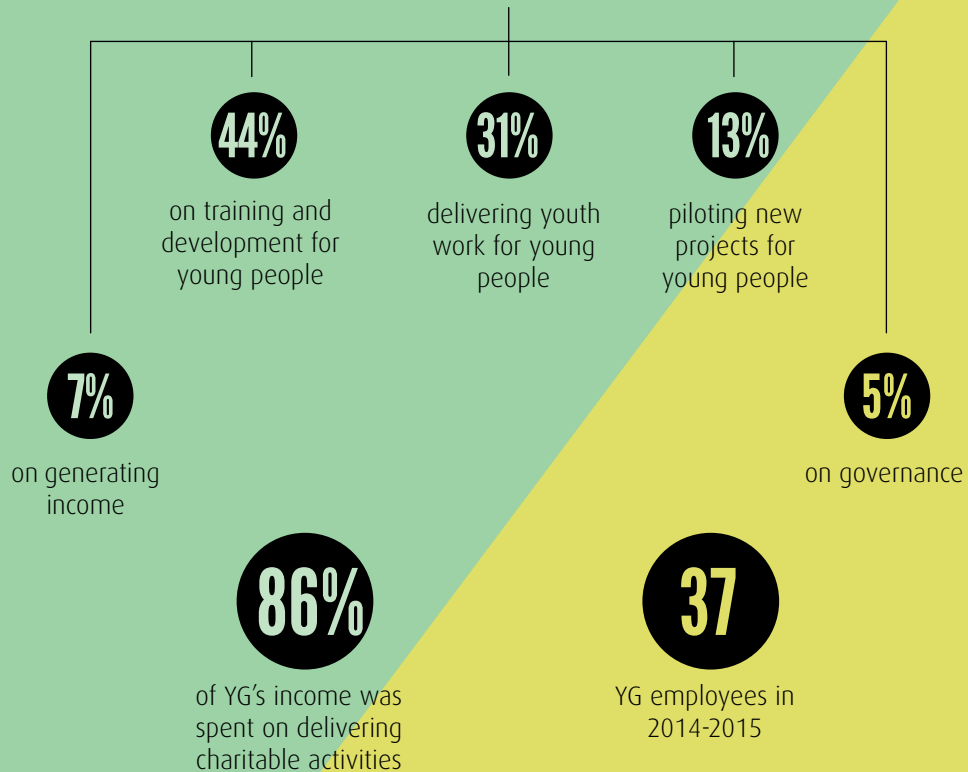
Surplus

£23,708

Income breakdown



Expenditure breakdown



A WORD FROM OUR CHAIR

YG has continued to deliver some life changing programmes for young people in 2014/15. This document highlights some of the great successes including young people achieving qualifications, securing jobs and training with YG's support.

In the past year we have been delighted to expand our offer to young people including:

The Link drop-in service: Funded by the Big Lottery. The service offers support and guidance to NEET young people.

HITZ: A new partnership with Gloucester Rugby Club providing opportunities for young people.

Mentoring: This is a new area of work for 2014/15 and is particularly close to my heart. The programme has matched people from local businesses with young people who are seeking support to get into work.

We are pleased to report a small surplus for 2014/15 financial year. This has allowed us to invest in a new IT suite for young people and additional training for staff. We anticipate that the funding climate will remain challenging and therefore YG continues to seek ways to diversify our income streams. This includes offering opportunities for the local community to get involved in challenge events and sponsored activities to raise money for the charity.

Looking to the future YG is pleased to have secured a new contract to deliver the National Citizen Service programme to young people aged 16 and 17.

Thank you

I would like to express my thanks to the Board of Trustees and all the staff at YG for their commitment and hard work. During the year, Ian Topping and Clare Tongue have stepped down from the board and I would like to thank them both for their valuable contribution to YG. I would also like to welcome Robin Bevan and Lynne Craig, who both joined the board in the last financial year.

I would like to convey our thanks to all our partners and supporters for their continued assistance. We are constantly looking for new partners and will continue to focus this year on improving our links with more businesses. If you are interested in supporting the work that YG does, please visit our website and get in touch.

Finally, in the year ahead, we will continue to work hard to inspire young people and help them to achieve their goals, whatever they may be.

Hugh Gladman, YG Chair

YG Trustees

<i>Hugh Gladman (Chair)</i>	Group Legal Director & Company Secretary St. James's Place Wealth Management
<i>Robin Bevan</i>	Retired CEO of PayByPhone (<i>appointed July 2014</i>)
<i>Jonathon Harvie</i>	Finance Director
<i>Susan Newcombe</i>	Retail Operations Manager Tenovus
<i>Dominic Smith</i>	Senior Practitioner Winston's Wish
<i>Claire Owen</i>	Independent HR Consultant
<i>Nicholas Upton</i>	Chartered Surveyor Nicholas J Upton & Partners
<i>Clare Tongue</i>	Education Specialist Chosen Hill School (<i>resigned June 2014</i>)
<i>Ian Topping</i>	CEO HMV (<i>resigned July 2014</i>)
<i>Lynne Craig</i>	FE Advisor (<i>appointed March 2015</i>)



FUNDRAISE FOR YOUNG GLOUCESTERSHIRE

In 2014, a team of 30 climbers, made up of friends of The Eastgate Shopping Centre and Young Gloucestershire, embarked on the gruelling three peaks challenge; climbing the UK's three tallest mountains in just three days.



The team was sponsored by The Eastgate Shopping Centre who set out to help YG save a local youth club, The Raikes, which was threatened with closure due to loss of funding.

The team returned successful having climbed Ben Nevis in Scotland (1344m), Scafell Pike in The Lake District (978m) and Snowdon in Wales (1085m). The group raised a total of £16,000 for YG.

"It has been great to have Eastgate on board. With less funding available for youth provision, it is brilliant that a local business is willing to support us to work with the community." Tracy Clark, CEO of Young Gloucestershire.

"We were happy to be a part of this challenge - and even happier to be supporting such a great local charity that does brilliant work for young people." Jason Robinson, Centre Manger for The Eastgate Shopping Centre.

**GET INVOLVED
AND RAISE MONEY**

Get in touch or visit our website for fundraising tools and advice



FUNDING PROVIDES

£5

Can provide a daily bus rider pass for a young person to attend a YG training programme

£100

Would fund a youth worker to be trained in safeguarding

£500

Would fund two youth workers to deliver a programme in schools one day a week

£1,000

Would provide a mentor to support an unemployed young person for a year

£3,000

Would fund a twelve week programme for one unemployed young person

£5,000

Would keep a youth club open one night a week for a year

£25,000

Would fund an advice and information worker to support young people for a year

THANK YOU TO ALL OUR FUNDERS

Ambition

Anne Cadbury OBE JP DL

Awards for All

Bishops Cleeve Parish Council

Blockley Parish Council

Bridgwater College

Cainscross Parish Council

Cheltenham Borough Homes

CHK Charities

George Cadbury Foundation

Gilbert Lane Trust

Gloucester City Council

Gloucestershire College

Gloucestershire County Council

Gloucester Police Crime Commissioner

Gloucester Rugby Club

Learning Curve

Lechlade Parish Council

Money for Life

Priors Park Neighbourhood Project

Reed in Partnership

South of Stroud Youth Partnership

Spirax Sarco

Street Games

Stonehouse Parish Council

Stroud District Council

St James's Place

The Big Lottery Fund

The Eastgate Shopping Centre

The Summerfield Trust

UK Youth

UPS

Weston College

Sumner Wilson Foundation

HOW TO CONTACT US

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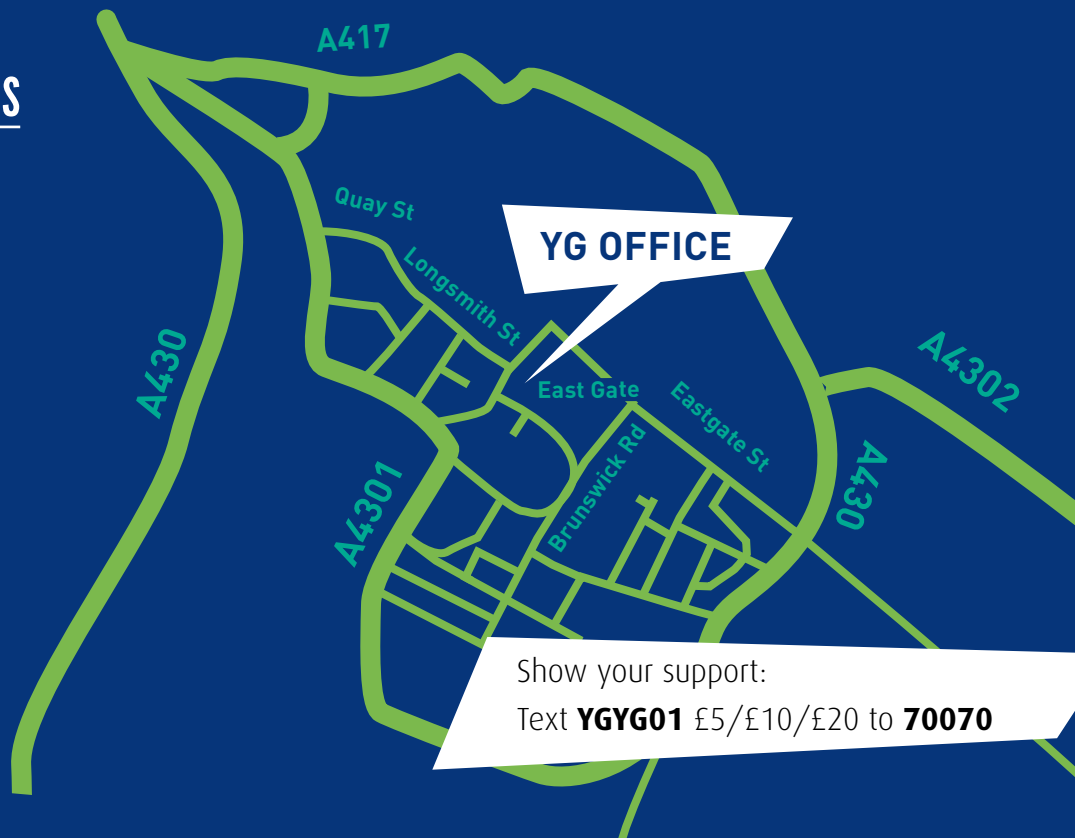
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